



## Funding Opportunities



### Fit for Life Awards 2023

Every year, the Fit for Life Foundation awards grants of €100,000 each to 3 non-profit organizations or social enterprises that are pioneering projects to promote lifelong fitness and health.

[Full details](#)



### The Community and Voluntary Energy Support Scheme (CVESS) Deadline Extended

The Community and Voluntary Energy Support Scheme (CVESS) was launched in response to the rising cost of energy and the impact it is having on the sector. Under the initiative, small grants are being provided to community groups, development associations, and volunteer-led organisations. The scheme remains open for applications until 20 January, 2023 with further tranches of funding set to be announced in the coming weeks.

[Full details](#)

### Creative Ireland, Arts Grants, Commissions and Bursary Award opportunities for 2023

- [Arts Act Grant Scheme](#)
- [Arts in Education Residency Bursary Award](#)
- [Arts, Health & Wellbeing Award](#)
- [Artistic Entrepreneur Bursary Award, in partnership with Kildare Local Enterprise Office \(LEO\)](#)
- [Creative Ireland Bursary Award](#)
- [Cruinniú na nÓg Commission Award](#)
- [Culture Night 2023 Commission Award](#)
- [Dennis O'Driscoll Literary Bursary Awards for emerging and established writers](#)
- [Drama League of Ireland Summer School Bursary Award](#)
- [Emerging Artist Solo Exhibition Award, in partnership with Riverbank Arts Centre](#)
- [Executive Coaching for Creative Professionals Bursary Award](#)
- [First Fortnight Award, in partnership with First Fortnight Festival](#)
- [Local Publishing Award](#)
- [Platform 4 Recording Studio Bursary Award](#)
- [Youth Arts Residency Bursary Award](#)

### More Funding Opportunities

- [Community Water Development Fund](#)
- [Waterways Ireland Heritage in the Community Grant Scheme](#)



## Training

## New community programmes for older adults with Maynooth University



**Maynooth University**  
Maynooth Campus  
St. Patrick's College

**FREE! Learn Tai Chi or Meditation**  
**and take part in a reminiscence group!**



**IRISH RESEARCH COLLABORATION**  
St. Columbkille  
St. Columbkille  
St. Columbkille

**Participants needed!**

- ✓ Are you age 65+
- ✓ Have not been diagnosed with a cognitive disorder
- ✓ Not currently experiencing depression or anxiety

If so, you are eligible to take part in our project!

We are holding a **FREE 6-week workshop** for people aged 65 years or over, exploring positive memories from people's pasts and learning more about well-being.

Taking part in our project involves answering some questions and participating in group activities. You will complete questionnaires about your mood, life history, and daily living experience. Then, one week, we will meet in small groups (10-15 people) to talk about our memories and participate in activities like Tai Chi or meditation.

- A weekly session might look like :
  - 15-minute settling in and welcome
  - 30 minutes of guided activity
  - 15-minute comfort break
  - 30 minutes of group reminiscence

We are looking for people who want to learn a new activity and improve their quality of life. Reminiscence Therapy, where you reflect on memories throughout your life and share them with others, might help.

**How do I let you know I'm interested?**

For more information and to take part, contact us to chat!

Email: [Muageing@gmail.com](mailto:Muageing@gmail.com)  
 Mobile: **087 398 5702**

Or scan the QR code on your mobile:



**Who designed this project?**

This project was designed by older adults living in the community of Maynooth and scientific researchers. People with lived experience selected the activities you will be participating in, so believing it will be a positive, fun, and interesting experience! We look forward to meeting you!





**Maynooth University**  
 National University of Ireland Maynooth

**Participants needed!**

- ✓ Are you age 65+
- ✓ Have a diagnosis of early-stage dementia
- ✓ Not currently experiencing depression or anxiety
- ✓ Willing and able to attend sessions in Maynooth town

If so, you are eligible to take part in our project!



**IRISH RESEARCH COUNCIL**  
 An Irish Government Agency  
 www.irishresearchcouncil.ie

Memory trouble can affect a person's wellbeing. Here, we are looking for people who are living with early-stage dementia and wish to understand how to improve their quality of life. Reminiscence Therapy, where you reflect on memories throughout your life and share them with others, might help.

Taking part in our project involves answering some questions and participating in group activities. You will complete questionnaires about your mood, life history, and daily living experience. Then, once a week, we will meet in small groups (5-10 people) to talk about our memories and participate in activities like walking or listening to music.

A weekly session might look like :

- 15-minute settling-in and welcome
- 30 minutes of guided activity
- 15-minute comfort break
- 30 minutes of group reminiscence

You are invited to bring a family member/spouse/carer to the sessions. They will not have any tasks to carry out during this project, but they are welcome to attend for your comfort. You will meet once a week for six weeks.

**How do I let you know I'm interested?**

For more information and to take part,  
 contact us to chat!

Email: [Muageing@gmail.com](mailto:Muageing@gmail.com)  
 Mobile: 087 398 5702

Or scan the QR code on your mobile:





**Who designed this project?**

This project was designed by people living with dementia, carers for people with dementia, and scientific researchers. People with lived experience selected the activities you will be participating in, so we believe it will be a positive, fun, and interesting experience! We look forward to meeting you!

A banner with a dark purple background. On the left, there is a close-up of a laptop screen showing a checklist with several items, each with a checkbox. Some checkboxes are marked with red checkmarks. A hand is visible holding a pen, ready to mark the list. The text "Public Consultations" is written in a large, bold, white sans-serif font on the right side of the banner.


**Open Public Consultations:**

- [Strategic Environmental Assessment of EirGrid Grid Implementation Plan 2023 - 2028: SEA Scope Consultation](#)
- [TAKING IN CHARGE OF ROADS & SERVICES - estates in Prosperous, Celbridge, Monasterevin, Newbridge & Rathangan](#)
- [Celbridge to Hazelhatch Link Road - Final Preferred Route Corridor Option](#)
- [Prosperous Town Identity](#)
- [Maynooth Eastern Ring Road - Compulsory Purchase Order 2022 Supporting Documents](#)
- [P82022.10 - Site Location: 352 Old Greenfield, Maynooth, Co. Kildare, W23 T3Y1 & Fitzgerald Close, Maynooth, Co. Kildare](#)
- [R445 Newhall Junction Improvement Project Compulsory Purchase Order \(No1\) 2022](#)
- [Energy decisions in the home - Research Query](#)

**Please circulate to members in your group/organisation**

\*You can unsubscribe from Kildare PPN at any time by e-mailing [admin@kildareppn.ie](mailto:admin@kildareppn.ie).

[E-mail Us](#)

 **Kildare  
Public  
Participation  
Network**

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