



County Kildare Social Inclusion Week 2019

Monday 23rd September
to
Saturday 28th September

#ImIncluded

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Monday 23rd of September

KARE in association with Kildare PPN and County Kildare Leader Partnership

Showcase event in Newbridge Town Hall which will facilitate organisations/groups whose remit is Social Inclusion to demonstrate what is going well in relation to inclusion and the challenges encountered.

Where: Newbridge Town Hall

When: 9:30—11:30/13:00—15:00/19:00—21:00

Contact: Anne Crowe, 086-8042724, anne.crowe@kare.ie

St. John of God Community Services

Crossroads MBSR Mindfulness Based Stress Reduction—mats and blankets will be supplied, but if you want to bring your own along it's ok (20 spaces).

Where: The Oratory, The Abbey, Celbridge

When: 11:00-12:00 / 14:00—15:00

Thomas's Trendy Socks (Thomp2.com) will have a stall on the day between 11:00—12:00, so come down and say hi.

Tuesday 24th of September

Older Voices Kildare

Celebrating 10 years of Older Voices Kildare. Come along and help us to welcome a new decade of Social Inclusion for Older People in County Kildare. Join us as we look back on the work from 2009-2019. Taster workshops, volunteering opportunities, a short presentation and light refreshments.

Where: Town Hall Newbridge,

When: 10:00—12:30

Contact: Denise Croke, oldervoiceskildare@gmail.com,

087-1411669

Open to all

Kildare and West Wicklow Family Support Service

Mindfulness through art and music workshop for family members who currently have a family member in addiction or recovery. Free event. Light refreshments provided.

Where: Hope Cottage, Kill

When: 10:00—14:00

Contact: Noreen Ardill, hopecottage2019@gmail.com, 083-3796852

St. John of God Community Services

Drama Group discussion for all (20 spaces available). Forum theatre workshop lead by Aisling, Run of The Mill Theatre: An inclusive drama workshop exploring Social Inclusion in our community. Free Admission.

Register for event with: Christine Cunningham,

Christine.cunningham@sjog.ie

Where: GAA Pitch, Maynooth **When:** 11:00

Wednesday 25th of September

Athy Social Inclusion Event

A variety of CKLP projects in Athy, have come together to coordinate an event as a way of highlighting and promoting Social Inclusion. The first part of the event will be Team building, and the second part will be Presentations, where each Athy project and it's participants have an opportunity to share about their project and how they have benefited from being included in various aspects of community life.

Where: Athy G.F.C **When:** 10:00—14:00

Contact: Alan Gavagan, alan@countykildarelp.ie

John Sullivan Centre (IWA) Clane Kildare

Workshop 1: Students will join our exercise/games session and will be introduced and play Boccia with some of the members from our centre.

Workshop 2: Students will join our horticulture group where they will explore our garden and record findings such as bugs/bees and mini creatures. We will show them how to input their findings on the National Biodiversity Centre.

Castlefen Residents Association Community Group

A taste of Castlefen—Multi Culture event of food, dance and music.

Where: Castlefen Community Centre, Sallins

When: 13:00—15:00

Contact: Carmel Cashin at ccashin@kildarecoco.ie

St. John of God Community Services

SJOG and Respond ‘Yoga and meditation for all’. In the Community Garden, Leixlip Hub Easton Meadows

When: 10:00 **Contact:** Jennifer Sherlock

Traditional Music for all, with Michelle Tierney.

Where: The Maple Room, St Raphaels, Celbridge

When: 11:00 - 12:00

Contact: Christine - Christine.cunningham@sjog.ie

Sensory Arts and Crafts (10 places) led by Una Kumar.

Where: The Mill Community Centre, Celbridge

When: 14:00—15:00

Contact: Christine - Christine.cunningham@sjog.ie

Thursday 26th of September

D1S—Discover OneSelf

D1S is holding an information open morning, the unveiling of our ‘Recovery Tree’, along with other recovery activities and a talk on “Who am I? Finding me in Recovery”

Where: D1S ‘The Old Garden Centre’, Ardscull, Athy

When: 10:30 - 13:00

Contact: Declan Nolan, d1sathy@gmail.com, 087-1185335

Make Way Day

Organising local access groups to highlight and raise awareness of the needs of people with disabilities. The purpose of the day is to discourage thoughtlessness in public spaces, which will stop people with disabilities from getting around. National Make Way Day is encouraging people and local business to remove obstructions from their own streets eg. sandwich boards, bins blocking the paths. Ordinary things that people take for granted, that can pose a big problem for those less able-bodied.

Where: Venues throughout the County

Contact: Majella O'Keefe, naasaccess@gmail.com

St. John of God Community Services

Live music: exploring pop, rock and traditional music with Kevin Farrell Music from Ablefest (086124854)

Where: Coachmans, St Raphaels, Celbridge **When:** 11:30 - 12:30

Family fun Ceili music, Irish dancing and story telling led by Bean An Tí, Breda Konstantin (0879630719)

Where: Coachmans, St Raphaels, Celbridge **When:** 14:00-15:00

Contact: Christine - Christine.cunningham@sjog.ie

Friday 27th of September

Kildare PPN and Kildare County Council

An intercultural event of music and song with Kildare Traveller Action, featuring performers from the Kildare Traveller Community, the Roma Community and Kildare based Asylum seekers. Light refreshments will be provided.

Where: Kildare County Council Chamber Áras Chill Dara, Naas

When: 13:30—15:30

Contact: Bernard Higgins, kildareppn@gmail.com and

Elizabeth Trappe: elizabethtrappe@gmail.com

County Kildare Leader Partnership

County Kildare Leader Partnership will celebrate their 10th Anniversary during Social Inclusion Week. Their event will showcase and highlight some of the work carried out by the various programmes funded or hosted through CKLP since the company was established in 2009.

- SICAP 2 and previous Social Inclusion Programmes, Rural Development Programme/LEADER, Rural Social Scheme, TÚS
- Hosted Programmes: Older Voices Kildare, the Dara Project Athy, Local Training Initiative Athy, Heads UP Programme & the Ability Programme.

Come and join in our celebration

Where: Newbridge Town Hall

When: 10:00—12:30

Contact: Mary Hennessy, maryh@countykildarelp.ie

St. John of God Community Services

Walking Tour of the Abbey led by Breda Konstantin

Where: The Abbey, Celbridge **When:** 11:00

Contact: Christine, christine.cunningham@sjog.ie

Films of Inclusion

Where: Green Room Abbey, Celbridge **When:** 13:00

Contact: Des Balmer, desmond.balmer@sjog.ie

ADA IGBO IRELAND

Youth mental health workshop, including; dancing, cultural displays, youth mental health speakers.

Where: Leixlip Manor Hotel

When: 6:30pm

Contact: Stephanie Obijaku, 086-3644155, obijias@gmail.com

Saturday 28th of September

Kildare Sports Partnership

Kildare Sports Ability Day sponsored by Crossings Toyota is a disability sport and inclusion awareness day. Visitors will have the opportunity to try a wide range of activities and find information on clubs and activities available throughout the county at the information stand area. This event is suitable for people with a disability, parents, teachers, sports coaches, students and anyone with an interest in disability sport and inclusion. Sensory room on site.

Where: Phoenix Sports Centre, Maynooth,

When: 11:00—13:30

Contact: Pádraig Healy, 087-2859493, pshealy@kildarecoco.ie

Enable Ireland

Disability Awareness for Primary School children.

Contact: Anelle Marynowski, amarynowski@enableireland.ie, 045-875676



**COUNTY KILDARE
SOCIAL INCLUSION WEEK**

23RD OF SEPTEMBER - 28TH OF SEPTEMBER 2019

#IMINCLUDED

 Kildare Public Participation Network

 County Kildare

The banner features a purple and blue geometric background. On the right side, there are three circular inset images: the top one shows a group of people playing soccer on a grass field; the middle one shows a group of people standing together outdoors; the bottom one shows two men in uniform, one holding a microphone, possibly at a public event.



#ImIncluded



Facebook.com/kildaresiw



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